



Cape to Cape 5 Day 'End-to-End' Detailed Itinerary

Join Cape to Cape Explorer Tours for a grueling five-day express experience on Western Australia's premier coastal long distance hike, the Cape to Cape Track. Through the variable terrain and awe-inspiring beauty, challenge your fitness with this accelerated and ambitiously paced adventure!

Duration: 6 days / 5 nights package

Distance: 135km, walking 23-31.5 km/day for 5 days

Difficulty: Moderate



What to Expect

Your walk includes stunning and wild coastal landscapes, physical challenge, and gourmet evening meals. Each day indulge in the fresh, local, gourmet catering that Margaret River is famous for, and walk in the knowledge that your safety and comfort are being taken care of by Cape to Cape to Cape Explorer Tours. Enjoy all that this long distance walk has to offer without carrying a heavy pack.

Our professional, local guides have extensive knowledge and experience interpreting the natural beauty of the Track. We've been hiking, surfing, fishing, and foraging in this local environment all our lives – Nobody knows the local spots, local stories, local food and local wildlife better than us! We are happy to share this knowledge with you whilst transferring you to the track each day.



Location

In the far south-west corner of Western Australia, a broad peninsula projects into the Indian Ocean – ancient, wild, and stunning. Running north to south along its western edge, is the Leeuwin-Naturaliste National Park, the setting of the 135km Cape to Cape Walk Track, and backdrop to the Margaret River Region.

Beginning at Cape Naturaliste in the north, the Cape to Cape Track meanders through windswept limestone ridges, deserted white beaches, giant granite marbles, and towering Karri forest to finish up at Cape Leeuwin in the south.

The Margaret River Region is renowned internationally for stunning scenery, world-class beaches, gourmet food, and fine wines.



Itinerary

Day 1:

Cape Naturaliste to Injidup 23km

Begin the hike at Cape Naturaliste, the first section of the Cape to Cape Track. This starts with a gentle downhill stroll on the 'access-for-all' section of track to the stunning vistas of Sugar Loaf Rock. The Track then runs along an extended section of carved limestone sea cliffs before reaching the coastal hamlet of Yallingup. After Yallingup pass over the granite headland at Torpedo Rock and on to the fabled Smiths Beach. From Smiths the topography changes quickly as giant granite marbles dominate near Canal Rocks. Travel high over the ridge and past Rotary Lookout, before passing Wyadup rocks and dropping back down on to the beach at Injidup.

Day 2:

Injidup to Gracetown 23.5km

Travel up high over the ridge, through the coastal tee tree and back onto the wild south-west facing coast. Weave through stunning areas of limestone cliff and granite before reaching the fantastic Moses Rock. The Track then rises high over several large limestone headlands before flattening out on Willyabrup Beach. A wonderfully constructed staircase then guides walkers up and onto the stunning sea cliffs that form the famous climbing buttresses of Willyabrup Cliffs. After passing the cliffs, the Track drops back down onto the beach, passing the famous, though severe, surfing breaks of Gallows and Guillotines. The coast then turns decidedly rocky as it ducks and weaves over picturesque granite boulders and finally into the pretty hamlet of Gracetown. Relax here and enjoy an afternoon dip.

Day 3:**Gracetown to Redgate 31.5km**

Beginning at the picturesque hamlet of Gracetown, follow the low coastline to the historic settlement of Ellensbrook. From Ellensbrook, the Track quickly leaves the coast and meanders through 5.5kms of sand dunes past the Meekadarbee Falls. Visit the isolated coves of Gnoocardup and the turquoise bay of Kilcarnup. Marvel at the centuries-old osprey nest in Horseshoe Bay and then take in some of the world's finest surfing coastline at Prevelly. From the limestone ridge at Prevelly head down into the sheltered creekline of Boodjidup Brook. Continue on and experience the white sands of Boodjidup before reaching Redgate Beach.

Day 4:**Redgate to Hamelin Bay 29.5km**

Starting with what is one of the best sections of the Cape to Cape Track: follow the scenic coastal cliffs at Bob's Hollow and Contos (although we may be biased as CCET have adopted and maintain this leg)! Enter the majestic Karri forest, home to the world's third tallest hardwood! A longer day, but the solid track under foot and shade of the karri forest are a nice midday relief! Head south, back into the coastal heath, and down onto the stunningly beautiful Boranup Beach. 7kms of sand walking later, find the protected Hamelin Bay, home to some of the Cape's friendliest stingrays who love a feed of freshly caught fish!



Day 5:**Hamelin Bay to Cape Leeuwin 27km**

Continue on past the many islands and headlands until you arrive at the stunning Cosy Corner. The last leg of the Cape to Cape Track faces more into the south than the rest of the coast. True wilderness with limited road access, the sights are reserved for the local Hooded Plovers and you. Granite headlands are broken up by long sections of shoe-sucking sand. Formidable, but every step takes you closer to the mighty Cape Leeuwin Lighthouse and the moment of celebration.

Departure Day

Enjoy a leisurely morning and check out of your accommodation by 10:00am.

Package Includes:

- 5 x days walking one of Australia's most stunning coastal tracks
- 5 x days emergency support and satellite communication equipment
- Comprehensive track notes and maps to keep you on the right track!
- 5 x nights accommodation at coastal villas and apartments
- All transfers between accommodation and the Track
- 5 x fresh breakfasts including cereals, yoghurt, fruit juice, fresh fruit, fresh bread and fruit toast
- 5 x packed lunches, including gourmet meat / salad roll, juice and track snacks
- 3 x chef prepared re-heatable evening meals; The other meals are left open for you to choose at a local restaurant (at your own cost)
- Alcoholic beverages are not included, but opportunities will be provided for you to purchase beverages of your choice.
- Cape to Cape Track completion certificate.
- All planning, logistical, administrative and on-ground support, including intimate knowledge of weather patterns, creek crossings and Track conditions.

