

FOOD LIST

Celery

Lemons

Arugula

Lettuce

Spinach

Cucumbers

Mushrooms

Gherkins

Kale

Cabbage

Tomatoes

Green tea

Asparagus

Broccoli

Brussel Sprouts

Bell Peppers

Zucchini

Cauliflower

Raddish

Turnip

Apple

Apricots

Water melon

Papaya

Orange

Grape fruit

Cranberries

Honey dew

Peach

Strawberries

NOTES

