

PARENTING PLAN TEMPLATE

1) Parents details

Mother

Phone number

Email address

Father

Phone number

Email address

2) Child(ren)

Name

Date of birth

Name

Date of birth

Name

Date of birth

Name

Date of birth



3) Parental responsibility

Who has parental responsibility?

For more information on what this means, see here:

<https://www.gingerbread.org.uk/information/legal-help-and-responsibilities/parental-responsibility/>

4) Our guiding principles

See [blog](#) for more details

5) Living arrangements in term time

What are term time living arrangements?

How will the children spend time with each of their parents?

What are the handover arrangements?

How will you ensure your children have what they need when with the other parent?

If a visit needs to be postponed, who will explain this to the children and how will another visit be organised?



6) Living arrangements in school holidays and half terms

How will the above arrangements change?

Holidays away – can you each take them abroad?

Who will obtain and hold their passports?

7) Arrangements for special days

What will happen at Christmas?

How will you arrange other feast/special days, including birthdays (yours and theirs) and Mother's/Father's days?

Are there any other special days you need to consider?



8) Religion and schooling

Under what faith/religion/culture with the children be raised, if any?

What does this mean in practice?

What school(s) are the children attending or what school(s) do you want them to attend?

How will you make decisions about schooling/exam choices/Uni etc.?

Will you ask the school to keep you both informed on your children's progress?

How will you attend parent's evenings or other school events?

Does the school have both of your numbers in case of emergency?



How will you address any problems at school?

How will you supervise homework?

How will you ensure continuity of the children's out of school activities?

9) Contact with others and care by others

With whom do you want to ensure your child remains in contact? For example, grandparents, Godparents, other relatives, friends?

Who else may look after them or drive them?

*Is there anyone you **don't** want the children to see?*

10) Care and discipline

How will you discuss rules for your children with each other and with them? E.g. smoking, drugs, alcohol, cycling to school, wearing helmets whilst cycling, bedtimes, going to shops alone, staying out late etc.



How will you listen to your child's wishes about their care and decisions concerning them?

11) Health and medical needs

Who will be responsible for arranging routine medical and dental checks and vaccinations?

How will you record this?

If your child requires non-routine medical attention, how will you let each other know what is happening? How will you inform each other of treatment and medicines required?

If one of you is ill and unable to continue looking after your children, either all the time or during a visit, how will you handle this?

Who will you call in an emergency? How will you inform each other in an emergency?



12) Communication

What will be the arrangements for phoning or receiving phone calls from one parent, while staying with the other?

How will you as parents keep each other informed about illness, upset or other issues that come to your attention in relation to the children?

Are there any specific agreements that you want to make e.g. not bad-mouthing each other in front of the children, ensuring that the children do not experience conflict between you etc.?

13) Child maintenance

What are your arrangements for child maintenance?

Do you intend that your child support arrangements are to cover all costs related to your children, or are there any special arrangements e.g. school uniform, school trips, university, large items such as a bicycle, computer, mobile phone?

14) Review of arrangements

How will you review your arrangements for your children and take into account their changing needs?



*What changes to your own lives do you feel important to tell each other and consider the impact on your children (e.g. moving house, new job, new partner, new baby)?
What else has not been covered that is important to you?*

