

Poem On Fitness Beats Pandemic

We're Stuck At Our Homes

Can't Go Anywhere.

Because,

The Virus Is Everywhere.

So Why Not,

Utilize This Time

To Stay Healthy

Fit And Fine

So, We Set Some Goal

Try To Achieve It

We're Almost There

Just Left With A Little Bit

Early Mornings

Healthy Food

All Of It

Results In A Good Mood

Clear Days

Empty Roads Wide
Sadly,
We Can't Go Outside

But,
Nevertheless
We Can Still
Take Care Of Ourselves

And Now After So Much Of Effort
I Do See The Change
I Am Proud Of Myself
A Different Me (But Yeah, It Does Feel A Little Strange!)



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