

# Hanuman Chalisa



## Dohas

**Shri Guru Charan Saroj Raj, Nij Manu Mukur Sudhaari |  
Baranau Rahubhar Bimal Jashu, Jo Dayaku Phal Chari ||**

**Buddhi-Heen Tanu Jaanike, Sumirau Pavan-Kumar |  
Bal Buddhi Vidya Dehu Mohi, Harahu Kalesh Bikar ||**

**Jai Hanuman gyan gun sagar | Jai Kapis tihun lok ujagar || 1 ||**

**Ram doot atulit bal dhama | Anjani-putra Pavan sut nama || 2 ||**

**Mahabir Bikram Bajrangi | Kumati nivar sumati Ke sangi || 3 ||**

**Kanchan baran biraj subesa | Kanan Kundal Kunchit Kesa || 4 ||**

**Hath Bajra Aur Dhawaja biraje | Kandhe moonj janeu saaje || 5 ||**

**Sankar suvan Kesari nandan | Tej pratap maha jag vandan || 6 ||**

**Vidyavan guni ati chatur | Ram kaj karibe ko aatur || 7 ||**

**Prabu charitra sunibe ko rasiya | Ram Lakhan Sita man Basiya || 8 ||**

**Sukshma roop dhari Siyahi dikhava | Bikat roop dhari lanka jarava || 9 ||**

**Bhima roop dhari asur sanhare | Ramachandra ke kaj sanvare || 10 ||**

**Laye Sanjivan Lakhan jiyaye | Shri Raghuvir harashi ur laye || 11 ||**

**Raghupati kinhi bahut badai | Tum mam priya Bharat-hi sam bhai || 12 ||**

**Sahas badan tumharo yash gave | Asa kahi Shripati kanth lagave || 13 ||**

**Sankadhik Brahmadi Muneesa | Narad Sarad sahit Aneesa || 14 ||**

**Yam Kuber Digpal jahan te | Kavi kovid kahi sake kahan te || 15 ||**

**Tum upkar Sugreevhin keenha | Ram milaye rajpad deenha || 16 ||**

**Tumharo mantra Vibheeshan mana | Lankeshwar bhaye sab jag jana || 17 ||**

**Yug sahastra jojan par Bhanu | Leelyo tahi madhur phal janu || 18 ||**

**Prabhu mudrika meli mukh mahee | Jaladhi langhi gaye achraj nahee || 19 ||**

**Durgam kaj jagat ke jete | Sugam anugraha tumhare tete || 20 ||**

**Ram duare tum rakhvare | Hot na agya binu paisare || 21 ||**

**Sab sukh lahai tumhari sarana | Tum rakshak kahu ko darna || 22 ||**

**Aapan tej samharo aape | Teenon lok hank te kanpe || 23 ||**

**Bhoot pishach Nikat nahin aave | Mahavir jab naam sunave || 24 ||**

**Nase rog hare sab peera | Japat nirantar Hanumant beera || 25 ||**

**Sankat se Hanuman chudave | Man Kram Bachan dhyan jo lave || 26 ||**

**Sab par Ram tapasvee raja | Tin ke kaj sakal Tum saja || 27 ||**

**Aur manorath jo koi lave | Sohi amit jeevan phal pave || 28 ||**

**Charon yug partap tumhara | Hai parsiddh jagat ujjyara || 29 ||**

**Sadhu Sant ke tum Rakhware | Asur nikandan Ram dulare || 30 ||**

**Ashta sidhi nav nidhi ke data | As var deen Janki mata || 31 ||**

**Ram rasayan tumhare pasa | Sada raho Raghupati ke dasa || 32 ||**

**Tumhare bhajan Ram ko pave | Janam janam ke dukh bisrave || 33 ||**

**Ant kaal Raghubar pur jai | Jahan janma Hari-Bakht kahai || 34 ||**

**Aur Devta chit na dharahi | Hanumat sei sarba sukh karahi || 35 ||**

**Sankat kate mite sab peera | Jo sumire Hanumat balbeera || 36 ||**

**Jai Jai Jai Hanuman Gosain | Kripa Karahu Gurudev ki nyain || 37 ||**

**Jo sat bar path kare kohi | Chutehi bandhi maha sukh hohi || 38 ||**

**Jo yah padhe Hanuman Chalisa | Hoy siddhi sakhi Gauresa || 39 ||**

**Tulsidas sada hari chera | Keejai Das Hriday mein dera || 40 ||**

## Doha

**Pavan Tanay Sankat Haran, Mangal Murati Roop |  
Ram Lakhan Sita Sahit, Hriday Basahu Sur Bhoop ||**

Read the Hanuman Chalisa in other languages.

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